Snoezelen, White Room, Multi–Sensory Environments ... What next?

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Ordinary People have special needs
and
Special People have ordinary needs
Social Role Valorisation

- Denmark: 1959
- Normalization Theory
- SRV: 1983

Principles of SRV – Service Accomplishments

Levels of Integration:
- Functional (using community facilities)
- Physical (Community)
- Social (live a meaningful life)

- Community Presence
- Relationships
- Choice
- Competence
- Respect
Intellectual Disability Services

Providing valued activities used in the community.
Multi-Sensory Environments

- Auditory
- Visual
- Tactile
- Olfactory
- Artificial environment with flood of sensory stimuli

Origins:
- Dutch → Sniff and Doze → Leisure/Relaxation

Development:
- UK - 1st large scale MSE, Whittington Hall, Derbyshire, March 1990

International:
- Australia Mundingburra Special School 1993
Literature Review of Snoezelen and MSE

Supporting Literature

- Hulsegge & Verheul, 1987;
- Hagger & Hutchinson, 1991; Kewin, 1992; de Bunsen, 1992;
- Hutchinson & Hagger, 1992;
- Lindsay et al, 1997;
- Hope, 1997; Shapiro et al 1997;
- Slevin & McClelland, 1999;

Critical Literature

- Whittaker, 1992;
- Cavet, 1994;
- McCarthy, 1995;
- Ellis and Thorn, 2001;
- MacDonald, 2002;
- Viaskamp, de Geeter, Huijmans & Smit, 2003;

Due to limitation on sample size, diversity of experimental population and variety of dependent variables, the effects of MSE are difficult to generalise. Interpret results with caution.

Negative comments based on opinion rather than empirical evidence.

Occupational Profile

Gerard

- 48 year old male; Family
- DS; severe ID; General good health
- Supervision 24/7;
- Mobile
- Communication - Simple needs using gestures/hand;
- Sensory – G’s profile

- Likes - routine, quiet environment, bath, and familiarity;
- Dislikes - loud noise, new people, change of routines
Occupational Profile

**Environment**
Lives in residential care;
Regular housing/furnishings;
Family home – weekends;

**Occupations**
Eating, toileting – supervision;
Dressing, washing – moderate assistance;
Leisure/Recreation

Gerard's Leisure and Recreation
Applying SRV to Gerard’s Leisure Recreation

**Person**
1:1 to facilitate engagement or alone in a safe environment

**Environment**
Comfortable/Quite room, familiar furniture/materials/people, Music; Fire, Bathroom, Kitchen, Pub, Family home

**Occupations**
Listen to music, reflexology, massage, afternoon tea, relaxing bath, Introduce crafts, cooking, gardening – Experiences ++++

Leisure/Relaxation Overview
Fit the Service to the Client

NOT

The client to the service
Thought for the Day!

Snoezelen - Dutch

and

Apartheid - Dutch

Thank you
References


